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*Dr. Jerry Alan Johnson*  
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**Dr. Jerry Alan Johnson : A Master's Journey: Secret Memoirs of a Warrior, Healer, Mystic** before purchasing it in order to gauge whether or not it would be worth my time, and all praised A Master's Journey: Secret Memoirs of a Warrior, Healer, Mystic:

7 of 8 people found the following review helpful. This gets tedious after awhile By Customer I do not mean to question the legitimacy of Dr. Jerry Alan Johnson or his lineage. I have no idea and am in no position to judge. However, as far this text goes, I was expecting something else. I thought this something along the lines of Autobiography of a Yogi. Most of it consists of recaps of all of the brawls and fights and how much butt he has kicked. This gets tedious after awhile, especially if you don't find it interesting to read detailed descriptions of how he pulled someone's hair to throw him on the mat and then hit him in the left eye 20 times, causing it to bleed. I am surprised he can remember all these details of the various fights he got into over thirty years ago. Also, some of his energetic feats will raise eyebrows for most readers. At one point he describes getting in an argument with his wife and shooting electricity at her through his fingertips. She screamed in fear as the electricity burned her clothes. He did this to prove a point as to how his internal training wasn't worthless as she claimed it was. I guess it showed his point from one perspective, but the irony of the feat seems to have escaped him. Yogananda in Autobiography of a Yogi also makes incredible claims, including actual resurrection of a dead person. But I found it highly inspiring, even if I couldn't believe everything. I can't say I'm inspired at all by this book. 5 of 6 people found the following review helpful. and practice it in your life you will be all the more better for it By Kathryn F. I do not know Dr. Johnson personally, only through the recent reading of this book my wife bought me. I had heard of him over the years and knew a little about him, but nothing substantial. I say that so the reader knows that I'm not a student praising their teacher. I'm just a reader. Every story has the power to change our life. If you read this, thinking in your mind that Dr. Johnson has completely made up this book, that's ok. There is still so much in here to learn from! Even if 1/10th of the book is true, it's well worth the price and more! The book is written more or less chronologically and gives adequate details into how he became who he is now. I was surprised that he wrote as much as he did regarding the "ugly parts" of his life. It is indeed a teaching story, and if the reader is astute enough, bookmarks, and highlights will make up most of the book. There are techniques he shares and those he alludes to in other books of his. I will be buying them as well. There is a section where he talks about forgiveness with his father. If you take that section alone, and practice it in your life you will be all the more better for it. There is healing techniques that I have already started working with. In fact, one that he shares that a nun taught someone who taught me, I have started doing. When I do it, and release it, I have kriyas start going off. (And the technique is for others) We've all heard of books that are meant to be "chewed slowly," or "devoured." I literally can't

put this down, and am savoring it. I would buy this book if I were looking for: A good read, A path to help become a better person, How to for life, You name it, it's here. 6 of 7 people found the following review helpful. Life Changing By Kelly Lake This book is filled with inspiring stories of a man who has walked the path as a Martial arts Master, Healer, and Daoist Mystic. Having trained with him personally, I can testify to the authenticity of his teachings having learned and followed the training methods to develop abilities of my own. Having also traveled to China and trained with other masters within the Zhengyi Daoism and other Longmen sects of Daoism, I can honestly say that the teachings Prof. Jerry Alan Johnson shares hold their salt and have opened up doors for me with other Masters in the Internal Martial Arts community and within circles of Esoteric Mysticism of various traditions. The stories you will read in his book may seem exaggerated at times, but as a man who has actually trained with the guy, I tell you that the skill level is real.

In China, Professor Jerry Alan Johnson is considered to be the "Father of Medical Qigong Therapy to the West"; and his books on Chinese Energetic Medicine are currently used as a definitive text on Medical Qigong Clinical Applications in most Acupuncture Colleges throughout the world today. Read his exciting true-life story, of how he trained with several Chinese Kungfu Masters in the United States for over 18 years, before traveling to China in the early 1990's in order to further his esoteric studies. From training with several powerful Shaolin Fighters, Masters of Chinese Medicine, the Chinese Tong, C.I.A. Agents, Contract Mercenaries, and powerful Daoist and Buddhist Mystics, Johnson shares his incredible life adventures in this exciting 458-page teaching Memoir of his life.

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